

## Spiritual Practices

Read through the relationship stages below. Beside each spiritual discipline (personal and communal), write the relationship stage that best describes where you are today in that practice. Then write a next step for growth.

Exploring: "I believe in God, but my faith is not a significant part of my life."

Getting Started: "I believe in Jesus and am participating in the life of the church."

Going Deeper: "I am discovering how my life can make God's love real in the world."

Centering: "Following Jesus is most important; my life is part of God's transformation of the world."

### Personal Spiritual Disciplines

### Relationship Stage

### Next Step for Growth

1. Prayer

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2. Scripture Meditation

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3. Financial Generosity

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4. Invitational Evangelism

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### Communal Spiritual Disciplines

### Relationship Stage

### Next Step for Growth

1. Corporate Worship

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2. Small Group Community

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3. Gifts-based Service

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