

Session 2 at a Glance—90 minutes

Stage	Steps	Time
Preparation	Complete the preparation steps outlined.	In Advance
Welcome / Objectives	<p>Have participants sign in, welcome the group, and review the session objectives.</p> <ol style="list-style-type: none"> 1. Discuss prayer and some prayer methods. 2. Learn how to get to know the Bible. 3. Understand the Wesleyan Quadrilateral. 4. Explore an overview of the Bible and understand how it forms us. 5. Assess where they can grow in Bible study/reflection. 6. Learn SOAPY and <i>Lectio Divina</i> 	2 minutes
Opening Prayer	Say the Lord's Prayer together, offer a spontaneous prayer, or invite a group member to prayer (ask in advance).	1 minute
Biblical Foundation	Read aloud Matthew 6:5-15 (or have a participant read). Provide a brief summary of the passage.	2 minutes
Video	Play the Session 2 video.	10 minutes
<i>Daily Workbook</i> Discussion	<p>Part 1: Review and discuss prayer and the prayer methods, the Bible, the Wesleyan Quadrilateral, SOAPY and <i>Lectio Divina</i>.</p> <p>Part 2: Review questions from the <i>Daily Workbook</i>.</p> <p>Part 3: Identify a next step for participants.</p>	45 minutes
Optional Activity	Who Said That? Bible Quiz or <i>Lectio Divina</i>	20 minutes
Looking Ahead to Next Week	Instruct participants to complete Week 3 in the <i>Daily Workbook</i> and read chapter 3 in the <i>Companion Reader</i> . Assign Prayer partners.	5 minutes
Take Home Message / Closing Prayer	Stand in a circle and have participants share one thing from the session that most clearly spoke to them. Offer a closing prayer or invite a participant to pray.	5 minutes