

## Session 2 at a Glance—60 minutes

Stage	Steps	Time
Preparation	Complete the preparation steps outlined.	In Advance
Welcome / Objectives	<p>Have participants sign in, welcome the group, and review the session objectives.</p> <ol style="list-style-type: none"> <li>1. Discuss prayer and some prayer methods.</li> <li>2. Learn how to get to know the Bible.</li> <li>3. Understand the Wesleyan Quadrilateral.</li> <li>4. Explore an overview of the Bible and understand how it forms us.</li> <li>5. Assess where they can grow in Bible study/reflection.</li> <li>6. Learn SOAPY and <i>Lectio Divina</i></li> </ol>	2 minutes
Opening Prayer	Say the Lord’s Prayer together, offer a spontaneous prayer, or invite a group member to prayer (ask in advance).	1 minute
Biblical Foundation	Read aloud Matthew 6:5-15 (or have a participant read). Provide a brief summary of the passage.	2 minutes
Video	Play the Session 2 video.	10 minutes
<i>Daily Workbook</i> Discussion	<p>Part 1: Review and discuss prayer and the prayer methods, the Bible, the Wesleyan Quadrilateral, SOAPY and <i>Lectio Divina</i>.</p> <p>Part 2: Review questions from the <i>Daily Workbook</i>.</p> <p>Part 3: Identify a next step for participants.</p>	35 minutes
Looking Ahead to Next Week	Instruct participants to complete Week 3 in the <i>Daily Workbook</i> and read chapter 3 in the <i>Companion Reader</i> . Assign Prayer partners.	5 minutes
Take Home Message / Closing Prayer	Stand in a circle and have participants share one thing from the session that most clearly spoke to them. Offer a closing prayer or invite a participant to pray.	5 minutes