

Session 3 at a Glance—90 minutes

Stage	Steps	Time
Preparation	Complete the preparation steps outlined.	In Advance
Welcome / Objectives	<p>Have participants sign in, welcome the group, and review the session objectives.</p> <ol style="list-style-type: none"> 1. Understand the importance of connecting to God and others through Worship and Small Group Community. 2. Understand what it means to worship in Spirit and truth. 3. Explore different styles of worship and how United Methodists worship. 4. Explore benefits and next steps. 	2 minutes
Opening Prayer	Read a prayer from the <i>Daily Workbook</i> , offer a spontaneous prayer, or invite a group member to prayer (ask in advance), or read the prayer in the <i>Leader Guide</i> .	1 minute
Biblical Foundation	Read aloud Psalm 100 (or have a participant read). Provide a brief summary of the passage.	2 minutes
Video	Play the Session 3 video.	10 minutes
<i>Daily Workbook</i> Discussion	<p>Part 1: Review and discuss the importance of Presence (worship and small-group community), What Worship Is, Different Styles of Worship, and the Benefits of Small-group Community.</p> <p>Part 2: Review questions from the <i>Daily Workbook</i></p> <p>Part 3: Identify a next step for participants</p>	45 minutes
Optional Activity	Explore Acts 2:42-47 using <i>Lectio Divina</i>	20 minutes
Looking Ahead to Next Week	Instruct participants to complete Week 2 in the <i>Daily Workbook</i> and read chapter 2 in the <i>Companion Reader</i> before the next session.	5 minutes
Take Home Message / Closing Prayer	Stand in a circle and have participants share one thing from the session that most clearly spoke to them. Offer a closing prayer or invite a participant to pray.	5 minutes