

### Session 3 at a Glance—60 minutes

Stage	Steps	Time
Preparation	Complete the preparation steps outlined.	In Advance
Welcome / Objectives	<p>Have participants sign in, welcome the group, and review the session objectives.</p> <ol style="list-style-type: none"> <li>1. Understand the importance of connecting to God and others through Worship and Small Group Community.</li> <li>2. Understand what it means to worship in Spirit and truth.</li> <li>3. Explore different styles of worship and how United Methodists worship.</li> <li>4. Explore benefits and next steps.</li> </ol>	2 minutes
Opening Prayer	Read a prayer from the Daily Workbook, offer a spontaneous prayer, or invite a group member to prayer (ask in advance), or read the prayer in the Leader Guide.	1 minute
Biblical Foundation	Read aloud Psalm 100 (or have a participant read). Provide a brief summary of the passage.	2 minutes
Video	Play the Session 3 video.	10 minutes
<i>Daily Workbook</i> Discussion	<p>Part 1: Review and discuss the importance of Presence (worship and small-group community), What Worship Is, Different Styles of Worship, and the Benefits of Small-group Community.</p> <p>Part 2: Review questions from the <i>Daily Workbook</i></p> <p>Part 3: Identify a next step for participants</p>	35 minutes
Looking Ahead to Next Week	Instruct participants to complete Week 2 in the <i>Daily Workbook</i> and read chapter 2 in the <i>Companion Reader</i> before the next session.	5 minutes
Take Home Message / Closing Prayer	Stand in a circle and have participants share one thing from the session that most clearly spoke to them. Offer a closing prayer or invite a participant to pray.	5 minutes